SONASANCHEZ FOLKWAYS RECORDS FL 9793 a sun lady for all seasons reads her poetry





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 2. to a jealous cat
 3. answer to yo/question
 4. last poem i'm gonna write bout us
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 7. welcome home, my prince
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SANCHI a sun lady for all seasons

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FOLKWAYS RECORDS FL 9793

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NIA SANCHEZ

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SIDE ONE Band One

This record is gonna be talking about love. A black woman's love for her children, man and nation. But you know before you can love someone you gots to love yourself. I mean you gots to dig on yourself, know that you be bad, badder than bad in fact - in fact you gotta really know what you're about. We black people here in america have been told that we're not bad and we shouldn't love ourselves and so what I really want to do is just talk about us really digging on ourselves and loving ourselves. And once we began really to believe we is bad then like we can love a man and love our children and probably began to build our nation.

There's a singer who is not really too political, but every now and then he says something in a song and in one of his songs he was saying something about like we oughta jump back and kiss ourselves. And so I say to you, black people, we ought to start a five year plan of kissing ourselves — just jumping back and kissing ourselves, and then we gonna believe that we is bad, been bad for a long time and we gonna get badder.

The first set I'm gonna do is love poems. Love poems of a black woman for her man. And the poem I wanna do is called black magic.

black magic

magic my man turning my body into a thousand smiles. black magic is your touch making me breathe.

Yea. It be about that if you understand what black magic or love be about. They're about the same if you understand what that's about.

Band Two

And love isn't always serious as such. I mean sometime we be dealing with someone and they be jealous and at one point I was reading this psychology book and in the midst of it came across at me this theory that jealousy was a form of homosexuality and I said, "wow what a gas." I mean that was just too much and I said well let's deal with that, put that at the back of my mind and use it later on in this poem called:

to a jealous cat

don't try none of your jealous shit with me. don't you know where you at? no one never told you that jealousy's a form of homo sexuality?

A Sun Woman for All Seasons Reads Her Poetry

> words my man . you faggot bound when you imagine me going in and out some other cat. yeah. perhaps you ain't the man we thought.

I mean, I figure as long as people write them theories we can write them poems, which is very very hip if you understand where I'm coming from.

Band Three

And like we have to deal with people who are loved, whom we love, and sometimes we might love someone who'll ask you a question about won't you by my woman even if I use drugs, even if I go on drugs again, or if I use dope or scag? And you might answer them like this:

> -- answer to yo/question of am i not yo/woman even if u went on scag again--

& i a beginner

in yo / love

no man.

i wud not be yo / woman

& see u disappear

each day

befo my eyes

and know yo /

reappearance

to be

a one / nite / stand.

b1k/

lovers

cannot live

in wite powder that removes

them from they blk/selves

cannot ride majestic / wite / horses

in a machine age.

blk / lovers

must live /

push against the

devils of this world

against the creeping

witeness of they own minds. i am yo / woman

and blk/women

deal in babies and

sweet / blk / kisses

and nites that

multiply by twos.

Band Four

Different kinds of love that we have for men, for our man. I mean sometimes you be setting up writing and you

PS 3569 A466 586 1971 MUSIC LP think about somebody that maybe you loved once, and you write a poem that says:

last poem i'm gonna write bout us

times i dream bout

u & me

runnen down

a street laughen.

me no older u no younger

than we be.

& we finalee catch

each other. laugh.

toouch

Some

in the nite.

some

times

i turn a corner

of my mind

& u be there

loooooking at me.

& smilen.

yo/far/away/smile.

& i moooove

to u. & the day is not any day. & yes ter day is loooNNg

goooNNe. & we just be. times i be steady dreamen bout u

cuz i waaannNt

neeeeEEeeD u so

baaaaAdDD. with u no younger & me no older

than we be.

Band Five

It be about all kinds of love. It be about love for your husband.

poem for etheridge

stone/

cold/

daylight /.

stretchen turnen

changen

positions. man.

togetha

my man.

this is fo real.

i am swingen/

runnen/

hangen upside down/ man.

it is u

man

it is u

it is u

it is u

ocowaheh - heh ooowaheh - heh

ooooowaaawaaaheh - heh

ooooowaaawaaaheh - heh

music in my legs/

travelen to meet u man.

feel my

african / pulse rite now.

it is dark/

and beautifullee wet

pushen us

toward past / beginnings.

centuries passing

dance our

togetha songs.

shahh heautiful

coveren our

blue / indigo / bodies.....

And we move to all kinds of questions. Sometimes, sometimes we as black women say wow what is gonna happen to us? I mean are we really loved are we unloved? And we do a poem that simply be saying black women chant.

Band Six

blk / wooooomen / chant

we stand befo u plain ol blk/wooomen & what u gon do

with us blk/men

u gon pro tect us

treat us rite

loooovvVVe us

yeh. here. now.

blk/men. yo blk/bitches/queens/

nigger wooooomen waaaiten for yo sign that u be

see/en us. we walk rite up

to u and turn yo corner of beauty

b1k/mennnnnNN do u SEEEEEEE us? HEARRRRR us? KNOWWWW us? black/mennnnNNN/ we bes here.

waiten. waiten. WAITEN. WAITENNNNNN A long AMURICAN wait.

hurrrreeehurrrrreeehurrrrreeeeeeeeee blacKKKKKKKKKKKKKmennnnnnnn/

warriors of black/electricity

moooovvvVVF

mooooovvVVVVVEON

to us yo/hi/voltage/

woooomenNNN

Band Seven

And we move on to different kinds of love. You move on to a quiet love poem that says:

welcome home. my prince

into my wite/season of no you. welcome home.

to my songs

that touch yo/head and rain green laughter in greeting.

welcome home to this monday

that has grown up wid the sound of yo/name fo i have changed to yesterday's sun to hurry back wid his belly full of morning.

and you have

come.

and i cannot look up at you. trembles and i mumble things as you stand tall and sacred so easily in yo/self.

but i am here

to love you.

to carry yo/name on my ankles like bells.

to dance in

vo/arena of love. you are tatooed on the round/soft/ parts of me.

and yo/smell is always wid me.

Band Eight

And you move on sometimes understanding that these are very important things that are going down. That if you love a man then automatically that brings about or brings forth children. And you have what is important. You have monad, ? and triad which be very important — out of two coming the third person. And so you move on to love for children which be one of the most important things we can deal with. I mean if you really love yourself and then love someone else and then have that child, then you must began to deal with loving that child. Also we as balck people will have to teach our children about love, about themselves so then when they grow up they won't have to wait until they're 20, 25, and 30 to begin to love themselves. It be very important if we teach them at early ages what they be about, that they are beautiful, that they be black that they will one day have a place in this world, in this universe, in this planet. And that's what we're about when we write new songs for our children, new things for them to deal with because quietness is kept the heroes in the black communities — still be the pimps and the whores and now the dope pushers. I mean these are all the important people who go around looking very cool and bad with their bad threads on. So young children look up at this and they be seeing this and say I wanna be like that and we gotta tell them they can't be like that. They have to be different kinds of people. We have to raise a different kind of black child. And in my first book Home Coming I did a short poem to my children which simply said:

for my children

morani and mungu weusi ain't no prince charmings and anita ain't no

cin/de/rella

but.

u & i know

this is a fairy land.

yeah.

Rand Wine

One of the first kinds of poems I wrote to them simply because this is what probably this country be about at this time if you check it out carefully enough. If you understand what it be about. And so one has to move on to write new poems for thewn. Poems for children to read and hold on to and understand and smile at and probably move with and so the first poem I want to do is a poem

called to Morani/Mungu my twins. Morani Weusi means black warrior and Mungo Weusi means black god.

to Morani/Mungu

As-Salaam-Alaikum my black princes the morning awaits u. the world awaits yo/young/blackness

sun/children

of our tomorrow.

Here is my hand

black/warriors of

it is soft as the blue/nite that covered yo/ blackness.

till day began its

morning talk.

it is hard as the strength u gather from yo/father's words pouren from his mouth like thunder over a dry land.

but i am

here to love u my princes. to gather

up yo/insides

and make them smile dreams.

for u my loves

will be the doers. and vo/deeds

will run red with ancient songs that play a continuous chant of it's a new day.

it's a new new day

It's A NEW DAY!

As-Salaam-Alaikum young princes.

the world awaits yo/young/blackness

Band Ten

And to Anita. A poem that be so important, simply because if you check out what is happening in elementary schools, in junior high schools we still have young black children going around calling each other black bitches and yellow bitches and they ain't being pleasant. I mean like they saying like we use to say it when I use to go to school. Someone would call me a yellow bitch and they were not being friendly or very nice about that. So we gotta write some poems for our young people to read and to hold on to and to understand.

to Anita

high/yellow/black/girl walken like the sun u be. move on even higher.

those who

laugh at yo/color

have not moved to the blackness we be about cuz as Curtis Mayfield be sayen we people be darker than blue and quite a few

of us be yellow

all soul/shades of

yeah. high/yellow/black/girl walk yo/black/song cuz some of us be hearen yo/sweet/music.

And we do mean its some sweet beautiful music. I mean like it be all kinds of sweet music like blackberry music and yellow music and brown music and black music and blackberry music and yellow music and brown music, yea. It be that kind of music and it be important because they're all equal as black.

Band Eleven

And we gotta teach new songs to our children. They gotta like be different kinds of people coming behind us. We gotta tach them and sing to them songs like:

don't wanna be

don't wanna be no pimp cuz pimps hate me and you they mommas, women, sistuhs too u name it, any hate will do

don't wanna be no pimp no mo don't wanna be no pimp no mo

don't wanna be no numbers runner cuz runners promise an uptown hit while downtown wite/boys just sit & sit while counten millions of four bits

don't wanna be no numbers runner no mo don't wanna be no numbers runner no mo don't wanna be no junkie cuz junkies kill theyselves, you and me sticken needles in they arms, legs, and knee while robben our black community

don't wanna be no junkie no mo don't wanna be no junkie no mo Just wanna be a/Reverend/Cleage/man a/Minister/Farrakhan/man

a/sun/people/Imamu/man an/Elijah/Muhammad/Messenger/man

wanna be

a/blk/man a/loven/my blk/woman/man a/standen/still/father/man a/Constant/TCBing/black man

it gots to beeeEEE. yeah. yeah. yeah. yeah. yeah. it gots to beeeEEE. yeah. yeah. yeah. yeah.

Band Twelve

Other songs we gotta sing be like dope pushers:

City Songs

dope pushers dope pushers git outa our parks we come to slide on slides climb the monkey bars

don't need yo/dope to make us git high the swings will take us way up in the sky.

dope pushers dope pushers u ain't no friend no matter how you smile and always pretend

cuz we know nowadays black is a baaddDD groove and dope is a trick bag for fools fools fools

dope pushers dope pushers offa our street cuz one of these days you gonna meet

some together black men who'll show you the score and you won't be standing round tempting us no mo

dope pushers dope pushers change while you can it's nation/builden/time for black people in every land

so c'mon. c'mon. brothas run fas as u can and be what u must be sun people in a black land.

dope pushers dope pushers git back, git back cuz to git ahead today you gots to be black. black. black.

To get ahead today, you do have to be black. And you don't deal in no kind of stuff that like kill people. Understand what that be about. People who kill them-selves haven't dealt with what I first started off by saying. People who kill themselves and other peoples don't love themselves. When you don't love yourself, you will kill yourself and anybody else around you. And it be about you - young brothers and sisters, whoever you be digging on yourself and loving yourself cause you know:

Band Thirteen

WE CAN BE

we can be anything we want for we are the young ones walken without footprints moven our bodies in tune to songs

echoen us. the beautiful black ones.

recently born.

walken new rhythms leaven behind us a tap dancer's dream of sunday nite ed sullivan shows. WE WILL BE

ALL that we want for we are the young ones bringen the world to a Black Beginnen.

Band Fourteen

We gonna do that because one day with this new generation coming up — the ones who deal with themselves and love themselves and deal with education and deal with what they be about, they gonna come. They gonna advance on the world and as they come we gonna see them and know them.

When we come

When we come riden our green horses against the tenement dust, when we come, tall as waves, holden our black/brown/ high yellow/tomorrows, then you will hear young hooves thunderen in space and we will rise with rainbows from the sea to silence our yesterday blues

riden our green breath against the morning sky.

Band Fifteen

We gonna do that. We gonna come together and be together as one. Because it be about that at this time, at this place, because whether we want to deal with it or not as I said once before in my book for young brothers and sisters, I said it's a new day, and it is a new day if you check out how people be moving today, it is a new day. We're not about going back to the 20's, 30's, 40's 50's or even the 60's, it's a new day and we're in the 70's and we gonna move on.

It's a New Day

we gon be outa sight black/men gon be part/

panther gon be all Minister Farrakhan gon rap like RAP gonna teach like Elijah gon rule like Nyerere gon believe like King believed gonna be TCB/ing black men

we gon be some beautiful/black/women gon move like the queens we be gon be full/ time MUSLIM women gon be strong as sojourner gon be gentle as

as we walk in our red/yellow/suns

sister clotelle's smile gon be the poetry of gwendolyn's words gon be the green south of fannie lou hamer gonna be warm as an african nite while walken like songs

we gon be some badddDDD people just you wait and see we gon be some badddDDD people just you wait and see

SIDE TWO Band One

When I say we have a black nation many people in the country laugh at that. But we have millions of black people in this country, which means that many of millions of people constitutes a nation.

We have many tribes in our nation. Walking, talking, working together. I mean at this point we began to understand that the nation will have probably many tribes walking, talking, working together. So this is what we must concentrate on, our blackness and no hatred of people, but our blackness.

listen to big black at s.f. state

no mo meetings where u talk bout whitey. the cracker who done u wrong

(like some sad/bitch who split in the middle of yo/comen) just. gitting. stronNNNger.

maken warriors

outa boys.

blk/woooomen

outa girls.

moven in &

out of blkness

til it runs this

400/yr/old/road/show

amurica.

now liven off its re/runs.)

a dead/die/en/motha/

off the road.

no mo tellen the man he is

just a sound of drums.

the sonnnnnNng of chiefs

pouren outa our blk/sections.

aree-um-doo-doo-dooooo-WORK aree-um-doo-doo-dooooo-LOVE aree-doooo-UNITY

aree-doooo-LAND aree-doooo-WAR aree-doooo-Builden

aree-um-doo-doo-dooooo. MalcolMmmm aree-um-doo-doo-doooooo. ElijahHHH aree-um-doo-doo-doooooo. Imamuuuu

> just the sonnnn of chiefs. loud with blk/nation/hood builden.

Band Two

And at one point a lot of us who start dealing with blackness came across a man name Frantz Fanon, who said something that:

> 'To Fanon, culture meant only one thing - an environment shaped to help us & our children grow, shaped by ourselves in action against the system that enslaves us."

Because we are enslaved, you know.

the cracker is not to be played with. he is the enslaver/

master.

the evill1111 he does is not new cannot be resolved

thru rhetoric/ hate/ poems/

looooooven more than one wooooooooman.

the cracker is deep deeper than the

400 yrs of our slavery we must watch out slavery especially when it looks like freedom. cuz slaves can look beautiful, talk beautifullee, can be deceived by the DEVIL

who lights our small

flames of rage

then extinguishes them when they threaten to spread.

the master is

mas/ter/ful. is the SUPREME ANIMAL of

destruction and cannot be destroyed with only: long dress - swahili- curses - soul food fervor - dashikis - naturrals - poems -SOUL - rage - leather jackets - slogans -

polygamy - yoruba.

NO. WE NEED.

WAR.

DISCIPLINE.

LAND. PLANNEN. LOVE. AND POWER. POWER. blacker than the smell of death we the hunters need to destroy the BEAST who enslaves us.

And we do look beautiful even though we still be slaves. People tell me I'm not a slave. Some people in a nation who might make a lot of money still might think they're free; but as long as there are the thousands and thousands of black people who are poor, if you just walk up to harlem and see the conditions of where I grew up and other black children are growing up then you understand that only slaves live like that.

Band Three

liberation / poem

blues ain't culture

they sounds of

oppression

against the white man's

game he's run on us all

these blue / yrs.

blues is struggle

strangulation

of our people

cuz we cudn't off the white motha / fucka

soc / king it to us

but. now. when i hear billie's soft

soul / ful / sighs

of "am i blue"

no. sweet / billie.

blue / trains running on this track they all been de / railed.

am i blue?

sweet / baby / blue / billie.

no. i'm blk/

& ready.

Rand Four

And we have to be ready for things. For the world, and you're only ready if you really deal with yourself. If you deal with yourself, if you deal with the discipline of yourself and you're not ready for anything if you're still dealing unrighteously with yourself. I mean if you are still shooting scag, let's say if you're doing stuff like that, then you will listen to a young sister tell about why and how the first day that she shot dope.

summer words of a sistuh addict

the first day i shot dope was on a sunday.

i had just come

home from church

got mad at my motha

cuz she got mad at me. u dig?

went out. shot up

behind a feelen gainst her. it felt good.

gooder than dooing it. yeah.

it was nice. i did it. uh.huh. i did it.

i want to do it again. it felt so gooooood. and as the sistuh

sits in her silent/ remembered/high someone leans for ward gently asks her: ststuh. did u finally

learn how to hold yo/mother? and the music of the day

drifts in the room to mingle with the sistuh's young tears. and we all sing.

And we do sing songs sometimes and sometimes they be songs like that. And those are not pleasant songs because scag, dope has nothing to do with our nation. But we have 16, 17, 18 and 25 yr olds, and 35 and 40 years old still dealing with drugs, with scag and they're saying I'm still part of the nation -- but the nation don't

Because our mamas and our daddies, you know, dealt in harlem with a whole lotta liquor and alcohol and we had a bar practically on every corner, which seems to me should be illegal some place even in New York City. But that's what that be about. It be about not having a strong nation, if you have people drinking and shooting, popping pills and smoking all the time.

Band Five

so this is our revolution

nigguhs with naturrals still smoken pot drinken shooten needles into they arms for some yestuhday dreams. sistuhs screwen other sistuh's husbands

cuz the rev o lu shun dun

freed them to fight the enemy (they sistuhs)

veh.

the

revo lushun is here

and we still

where our fathas /

muthas were

twenty yrs ago

cept we all look

cmon brothas. sistuhs.

how bout a fo /

real / revolu/shun

with a fo / real

battle to be fought

outside of bed /

room / minds.

like. there are children to be tuaght to love they blk/selves

a blk/culture to be raised on this

wite / assed / universe.

how bout a

fo / real

sun inspired life

these modern / day / missionary /

moon / people

go to the moon where they belong.

Yea. We move on to all kinds of madness. We move on to like all of a sudden it seems as if the movement, the revolution or the change or whatever you want to call it at this time has stopped and we move, and we don't seem to be moving, we seem to be moving in the same spot. The 70's comes in, and it ushers in hustlers who wear probably dashikis, it ushers in hustlers you know, who come and say I'm black and I'm beautiful, I'm proud and who still take your money and do nothing for you-- for you, for us, no change, harlem stays the same. I was away four years and I came back and harlem was the same. And it'll be the same until people began to deal with themselves. Cause you know:

i waaaAAANNT to know; i neeeEEDS to know

what happens after wearen that beautiful naturral

naturallee

short and lonnNNg?

happens after wrappen our heads in echoin/ gel@e / chants what happens after

rap rap rap

rap rap rap

rap rap rap

rap rap rap

rap rap rap pen fo/yrs? what happens after watchen

our husbands, wives, brothas, sistuhs children gitten strung out on wite/ dope that denies our blkness. what happens after all the available

what happens after all the available sistuhs done been screwed into nationalism what happens after our continued worship of the dead keeps us from followen alive

leaders what happens to our bodies; i waaaAAAnt to knoooooww, what happens to our bodies

i neeeeEEEDS to know

who will bury them. yeh. that's what i sed. who will buy them

and take them away

from the moon/eyes of our enemies.

i waaaAAANT to know i neeeEEDS to know

who will let them stretch underground until the blk/soil says rise up Riseup RISEEEEEEonuppppp again. blk/people

and this time. NO JIVEN!

Yea. No jiven is right. We don't need no more jive people dealing with us. Telling us about jive things. We don't need no more hustlers telling us what we should be into and they themselves ain't into. Because it be about us dealing with ourselves, moving with ourselves, being ourselves.

Band Seven

We don't need the hustlers who tells us all kinds of weird things and how we should move. As I said to you before, alot of us have moved away from the hustlers, the ones we've identified the ones we know who be leading us backwards and backward ways. And a lot of us have moved, or we've seen people move to an organization or a nation.

Ima Talken Bout The Nation of Islam

ima talken bout THE NATMON OF ISLAM this poem is about a Messenger about his blk/truth thumpen like drums against the skins of blk/people till they stand shred their sculptured despair

this poem is about love pouren from his Body like honey sweetenen our peppermint lives

about black stars

propellen themselves into the abandonment of a radarless universe

ima talken bout his touch it be soft as the laughter of rain about his voice it be like the wind pushen us to be what we wuz Original man. pushen us into the suddeness of our ancient beginnings.

ima talken about mountains of blk/velvet cushionen us as we circle the skulls of devils

about food growen about cattle moven in the dust of change and always His voice

maken harmony with our twilight thoughts to do for self, do for self, do for self,

ima talken about Muslim men and women on the move like a fire travellen down a fuse bout Minister Robert's pittsburgh mosque bout brother Leon and sister Gladys returnen us to our herbal past the pioneer sounds of Minister Donald's mosque

about sister captain Clotelle directen the hunger of black women till they become magical women with the secret of lightenen inside them.

ima talken about Minister Farrakhan singen his songs of black unity about a Blk/nation already here ripenen our minds till our bodies glow like a thousand red rubies and our bodies be full of Elijah and our bodies be full of Elijah and our bodies be full of Elijah

ima talken about a nation ima talken about a black muslim insurrection, (don't you hearrrRRRR it?) ima talken about a nation ima talken about a jihad like the world ain't never seen.

(can you seeeEEE it?)

the poem is talken about a Black man. an Apostle who came. God like. thru the bowels of our blues and turned the faces of nodden, drinken, killen men from weekend arenas of death,

EAST WARD

ima talken about the Nation of Islam
the Honorable Elijah Muhammad
about his season of truth
standen like a city of red hills
in whose name

i bring you this poem

in whose name

i give you this prayer

al-Hamdulillah

Yea, that's about part of our nation. That's about our nation that's about a black man who forty yrs. ago taught us that we were black, and we said, oh no, I'm not black I'm a negro, and it be about that. And nowadays we call ourselves Black and if someone call you a nigger you're ready to start a fight, right. I'm talking about a man who has consistently told us about ourselves, told us how we should discipline ourselves.

Band Eight (A)

And I like to come again fall circle to me, talking

as a black women who probably or perhaps or soon or sooner than soon or who has partially dealt with herself. She's dealt with the part of the love for herself and the moving away, as you know yourself what that be about. I'm talking about loving your-self, understanding yourself. I'm talking about being black in this country. I'm talking about being a black woman in this country. I'm talking about dealing with yourself. You have deal with yourself, if you don't deal with yourself you can't deal with the world. If you don't discipline yourself, if you don't eat correctly, if you don't drink correctly, if you don't discipline your mind with knowledge — I mean like I know its much more fun to dance--all that activity in your toes, but I'm talking about putting activity in your brains. And we need to take ourselves seriously. Like:

a/needed/poem for my salvation

am gonna take me seriously.

now. have taken parents / schoooool / children / friends / poets / seriously.

(have known

the cracker to be

SERIOUSLY DANGEROUS)

have taken day / time /

nite / time / rhetoric

seriously and been wounded by / lovers of slick / blk / rappin

(in blker words:

pimps & jivers)

am gonna loooook in a

mirror each time i pass one.

& say. yeh sistuh. it ain't easy.

but mooooove

beautifullee on passsst it.

keep on holden yo / head higher

cuz yo / besssss is yet to coooome.

am gonna take me seriously.

toooday.

& study myself.

git a phd in soniasanchezism.

& dare any motha / fucka

to be an authority on

(cuz i'll be wounded with sonia / learnen / beauty/love and will be dangerous) yeh. all

scorch my roots

things considered.

gonna be serious bout

meeeeeee and livvvvve.

Band Eight (B)

Cause it do be about living. It be about all of us living together. Dealing with each other. Loving each other. One of the most important words that we don't say, black people don't say, they don't say we love each other. We have to start dealing with ourselves loving ourselves, dealing with each other. Loving each other because it do be about that. Because as a black woman:

a black/woman/speaks

i am deep/black soil they have tried to pollute me wid a poison called amurica they have tried to

wid dope.
they have tried to drown my dreams wid alcohol wid too many men who spit

their foam on top of my fruit til it drops

rotten in Amurica's

parks. BUT. i am deeeeeEEEP

blue/black/soil. and u can hear the

sound of my walken as i bring forth green/songs from a seasoned breast as i burn on our evening bed a revolution

i. be/en blk/ WOOOOOMAN

know only the way of the womb fo i am deep/red/soil fo our emerging/black/nation.

Band Eight (C)

And so as I say again, and I probably can't say too often that we do be about that. Because in the past we've been other things. In the past black women, black children, black people in general have not as I say to you again loved themselves. Black women especially have been many things in this country and quite often when I talk to people I always tell young sisters you have to be more than your mamas was. You have to be more than people think you be; you have to be. Because in the past we have been this:

a black/woman/speaks

we are songs

we are music yet unsung yet unplayed

we be black/women

yeh. yeh. yeh. yeh. (singen in the nite)

we be lovers

yet unloved

we be wives

we be black/women.

yeh. yehhhhHH. yehhH. (singen in the nite)

we be books

yet unread

we be words

yet unspoken

we be blk/women.

yeh. yeh. yehhhhHH.

(singen in the nite)

we be flowers

yet ungrown

we be perfume

yet unsmelled

we be black woomen

yeh. yeh. yehhhhHH. (singen in the nite)

But if we began to deal with ourselves,

we be yesterday's

red sighs

we be tomorrow's

green/morning

we be blk/woooomen.

YehhhhhhHHHH! (moven in the sun.

sun. sun. sun. sun.

sun. sun. sun. sun.

sun - n - n - n Yehhhh!